

Analysis of the Role of Disabled Children in the Destruction of Family Relations and Measures for their Mental Rehabilitation

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ABSTRACT

This article analyzes the causes of family disputes and divorces, statistics on divorces in the country, various statistics on disability, the role of children with disabilities in family relationships and the results of public opinion polls, referral of children with disabilities to society.

INTRODUCTION. When it comes to the unity and integrity of society, family relations come to mind first. Because the family is the main link of society. Events taking place in society are first of all formed in the family. The weakening of family relations can be an unprecedented blow to society. Every individual who comes into the world grows and develops first in the family. He takes the first steps towards perfection in the bosom of his family. The strength of family ties, the desired development of marital relations is a prelude to the development of children and is a factor that ensures the development of the next generation. However, disputes, disagreements, and disagreements in family relationships have a negative effect on children's psyche. The victims of this process are the weak souls.

RESEARCH MATERIALS AND METHODOLOGY

Here, if we analyze family decisions, the reasons for this are different:

- ✓ Infertility;
- ✓ Betrayal;
- ✓ Not living together for a long time;
- ✓ Family disputes;
- ✓ Young people are not ready to start a family;
- ✓ Health problems of one of the couples;
- ✓ Material deficiency;
- ✓ Lack of mutual love;

- ✓ Being under the influence of alcohol or drugs;
- ✓ Marriage outside the family;
- ✓ Not ready for motherhood;
- ✓ We can cite many cases such as mother-in-law relations.

In line with the above information, we considered it permissible to cite some statistical data in this regard:

9213 rulings were returned in Uzbekistan in the first quarter of 2022. The highest rate was registered in Tashkent, and the lowest rate was registered in Karakalpakstan. According to Gazeta.uz, referring to the materials of the State Statistics Committee, family rulings in the cross-section of regions were as follows:

- ✓ Tashkent city – 1331;
- ✓ Fergana region - 999;
- ✓ Andijan region – 995;
- ✓ Tashkent region - 946;
- ✓ Samarkand region – 912;
- ✓ Kashkadarya region – 711;
- ✓ Namangan region – 682;
- ✓ Surkhandarya region – 581;
- ✓ Bukhara region – 500;
- ✓ Khorezm region – 344;
- ✓ Jizzakh region – 337;
- ✓ 298 in Syrdarya region;
- ✓ Navoi region – 289;
- ✓ Republic of Karakalpakstan -288.

Another noteworthy point is that according to the Statistics Committee, the total number of divorces in the period from January to June 2021:

- ✓ Divorce without children – 51.8%;
- ✓ Divorce with one child – 27.8%;
- ✓ Divorce with two or more children was shown to be -20.4%.

Also, it was mentioned that 33.8% of divorced families in our country annulled the marriage after 1-4 years of marriage, and in 40.4% of cases, divorces were caused by financial problems.

We did not mention the above statistics for nothing. Behind these rulings are the factors that cause the mental state of thousands of poor souls to be disturbed. There is no doubt that children who grow up under the influence of family conflicts reflect what they went through later.

Here we quote the opinions of the Russian sociologist A. Antonov. "A. Antonov stated that the family, as a socio-psychological unity, exerts such normative and informational effects on the individual that, as a result, the child first of all acquires the legal norms and behavior patterns of the society." The friendlier, organized and stronger the family is, the more effective its regulatory influence is. In such a family, in addition to own values, society's values, rules and norms are respected, the child is taught to live in society from the beginning, writes Vasila Karimova,

continuing the thoughts of A. Antonov in the textbook "Family Psychology".

As you can see, the children who grew up on the basis of family values still have human relations and high feelings, and they stay away from such persons, unpleasant situations, harmful habits, which can make the family chaotic, disappointment.

In recent years, especially during the "covid-19" pandemic, family violence and aggressive actions against women and children have shown the need to create a special family protection program. The American researcher Murray Bowen was one of the founders of the family protection movement that began in the early 20th century in the USA, the goal of this movement was to make the family an object of special research, thereby using its unique role in human health, even in the treatment of the mentally ill. was to promote the idea of using the possibilities of the family. According to Bowen, the most important of the social groups in which a person spends his life is the family.

However, unexpected situations make a person's mind in a hurry. R. Kappenberg says about this: "Sometimes shock conflicts arise in family relations under the influence of extraordinary events. This is usually the result of an unexpected situation, which the family members do not expect" [3]. The scientist here refers to such situations as family betrayals, incompetent children, family losses, but there is another situation that can sometimes lead to family conflicts and even divorces. We are talking about the birth of a physically or mentally unhealthy child. Sometimes unexpected events like this make families in a hurry. It is no secret that a number of unpleasant situations can occur as a result of various mental and emotional states.

According to L. S. Vygotsky, the socio-psychological realization that occurs through it is not the defect itself, but plays the main role in determining the fate of a person. Such a compensation process is directed not to the direct filling of the deficiency, but to the elimination of the problems caused by it.

Today, according to the World Health Organization's "World Disability Report", the number of people with some form of disability is more than 1 billion, or 15% of the world's population, and 80% of them live in developing countries.

In our country, for the last 10 years, the share of disabled people among the population has been 2-3%.

It should be mentioned that such international and national disparity in the return of disability occurs due to the lack of an agreed data collection system between countries in accordance with international standards and methods.

According to the latest statistics, as of 2022, there are more than 750,000 people with disabilities registered in our country. From him:

- More than 325 thousand women;
- More than 420 thousand are men

More than 100,000 of them are children under the age of 16. Accordingly:

- About 55,000 are boys;
- More than 45,000 are accounted for by girls.

From this:

- More than 51,000 people have congenital disabilities;
- More than 49,000 people have acquired disabilities.

Today, there are 6 orphanages in our country and they include:

- About 2,000, i.e. 1.9% of children with disabilities are being cared for;

- More than 98,000, i.e. 98.1% of children with disabilities are growing up in their families, under parental care.

Nevertheless, there are various misconceptions about people with disabilities in our society. As the main reason for this, we can say that stereotypes formed due to the fact that most people have little contact with people with disabilities. This is what is said in the report "Analysis of the situation of children and adults with disabilities" published by the United Nations (UN) of the Republic of Uzbekistan. Specifically: When asked about their initial thoughts about people with disabilities, some non-disabled people expressed compassion, pity, and a desire to help. However, the majority of responses were down-to-earth, with only a small minority expressing feelings related to respect and equality. In terms of emotional response, only a small minority demonstrated typical attitudes towards disabled people.

People are ready to accept a disabled neighbor, but not ready to accept a disabled person as their partner or spouse...

There is a strong belief that disabled children should study in special schools... Almost 3/1 of people believed that disabled children should live in foster homes rather than with their families.

RESEARCH RESULTS

Based on the above considerations, we also conducted an anonymous survey among our compatriots about this, that is, about the impact of a child with disabilities on family relations. The questionnaire contains 3 situations and consists of different confirmations. Since the survey was conducted anonymously, it is impossible to identify age and gender differences. But through it, we can find out the views of our compatriots on the role of a child with a disability in family relations.

If we analyze the questionnaire, the situations were set as follows:

Let's say you have a disabled person in your family, can you accept him as a full-fledged family member? (123 people participated in the survey).

№	Answers	the number	%
1	I can accept because I have to	3 sound	2%
2	I can accept it because it is my duty	6 sound	5%
3	I can accept it, because it is humanity.	10 sound	8%
4	I can accept it because he is part of my family	97 sound	79%
5	I can't accept	1 sound	1%
6	I do not know	6 sound	5%

II. In your opinion, what causes the birth of a child with a disability in the family? (120 people participated in the survey).

№	Answers	the number	%
1	It causes family disputes.	17 sound	14%
2	It causes family breakdown because everyone blames each other.	9 sound	8%
3	It makes the family stronger, because they work together to overcome the pain	54 sound	45%
4	The birth of a child with a disability does not affect family relations.	40 sound	33%

III. If a child with a disability is born in the family, what is your action? (135 people participated in the survey).

№	Answers	the number	%
1	I will ensure that the special school will study in boarding schools.	42 sound	31%
2	I will ensure that he lives in a good house.	5 sound	4%
3	I will grow up like other children.	88 sound	65%

DISCUSSION

It can be concluded from the results of the survey: 22% of people living in our society have a negative assessment of the role of a child with a disability in family relations. In 45% of cases, they tried to evaluate this effect positively and in 33% of cases - neutral. In 79% of cases, the participants of the survey said that they accept a person with a disability because he is a part of their family. 42% voted in favor of raising a child with a disability in a special boarding school and creating such conditions, while 65% of respondents said that they would raise a child with a disability at home along with their other children.

At this point, it is worth highlighting the words of Alfred Adler, the founder of "Individual Psychology", based on his research in this regard. "Being human is, first of all, to feel one's own imperfection," he says. The psychoanalyst scientist who put forward the ideas about the dominance and imperfection complex, saying that imperfection appears in a person in early childhood, that such children can be observed in such cases as weakness, self-doubt, shyness, shyness, low self-esteem, and this it is not difficult to understand from his ideas that it continues to be formed even later. Alfred Adler showed two main ways to overcome the feeling of incompleteness:

1. Compensation - reducing the appearance of damaged characteristics due to strong development of preserved ones;
2. Hypercompensation – carrying out an exercise that enhances the impaired characteristic to a higher level of performance.

Based on the above, we think that it is necessary to do a number of practical things to improve the sociability of children with disabilities. Accordingly:

1. Improving the family environment - first of all, parents and other family members should show mutual respect and equality towards a child with a disability, and not allow the child to grow up in the spirit of discrimination;
2. Increasing inclusiveness - ensuring that a child with a disability receives all kinds of education without being separated from society;
3. Mental rehabilitation of a child with a disability and his family - measures aimed at the mental sphere of the child, and aimed at overcoming the imagination in the child's mind that he is not needed by anyone.

To implement all this, every member of the society, starting from the family members of the child with disabilities, including specialists, pedagogues and psychologists, has a great responsibility.

CONCLUSION

In conclusion, we can say that we live in a society where the poor and the oppressed are treated with compassion from the point of view of our Eastern mentality and religious beliefs. It is typical to look at people with limited opportunities, physical disabilities, but mentally mature people. But it's time to change views, build mutual respect and equality. Only then will we

contribute to the full life of physically immature children. Perhaps this will be the first step for their personal development.

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