

### Morphofunctional Changes in Lymphoid Structures of the Spleen of White Rats in Postnatal Ontogenesis in the Dynamics of Age

M. R. Turdiev

Bukhara State Medical Institute

#### Article Information

**Received:** March 13, 2023

**Accepted:** April 14, 2023

**Published:** May 15, 2023

**Keywords:** rats, spleen, white pulp, age-related changes, morphometric parameters.

#### ABSTRACT

*The article studies the structural parameters of the spleen of white rats in postnatal ontogenesis in the dynamics of age. It was found that in postnatal ontogenesis, the morphological parameters of the white pulp of the spleen of white rats undergo significant changes, which is reflected in different age aspects. In newborn white rats, the spleen is functionally immature. At three and six months of age, the spleen has the maximum potential for immunogenesis. At the age of twelve months, the processes of age-related organ involution begin, which are expressed by changes in the structure of the white pulp of the spleen.*

**Relevance.** The immune system is one of the mechanisms of adaptation of the body, which plays an important role in maintaining its antigenic homeostasis [7,8,9,14,15].

The interest of morphologists in studying the structure of the spleen associated with the intensive development of immunology is steadily growing [6,11,13,17].

The spleen is a large peripheral organ of immunogenesis, expressing the state of immunity in humans and animals, as well as its structural formations [12,16].

The spleen is a parenchymal organ represented by a pulp and a connective tissue stroma, which is formed by a capsule, trabeculae, and a reticular framework[1,4].

The spleen parenchyma consists of two functional zones, red and white pulp, having different structures and functions[2,3,10].

Currently, an urgent problem is the study of the lymphoid structures of the spleen, which is responsible for the effectiveness of the cellular and humoral immune response of both innate and acquired immunity [5,18].

**Objective of the study:** to study morphofunctional changes in lymphoid structures of the spleen of white mongrel rats in postnatal ontogenetic dynamics of age.

**Materials and methods of research.** The study was conducted on 50 white male mongrel rats, weighing from 5 to 280 g., which were kept in standard vivarium conditions. The animals were divided into five age groups: group 1 - newborns (n=10), group 2 - 90 day old rats (n=10), group 3 - 180 day old rats (n=10), group 4- 270 day old rats (n=10), Group 5 - 360 day rats (n=10). All experimental studies on animals were carried out in accordance with the "Rules for carrying out

work using experimental animals".

The animals were weighed and removed from the experiment at newborn, 90, 180, 270, 360 days of age by instant decapitation under ether anesthesia.

To conduct a morphological and morphometric study of the study, fragments of the spleen were fixed in a 10% formalin solution, passed through a battery of alcohols and poured into paraffin blocks according to generally accepted methods. Paraffin sections 5-8 microns thick were stained with hematoxylin – eosin. The sections were examined morphometrically, using an eyepiece micrometer DN-107T/ Model NLCD-307B (Novel, China), the diameter of the periarterial lymphatic couplings, lymph nodes and their germinal centers, the width of the mantle, marginal and periarterial zones were measured. Measurements were carried out in five fields of view of each histological section. The fields of view were chosen randomly.

Using directly from the general data matrix "Excel 7.0" on a Pentium-IV personal computer, using the capabilities of the program "STTGRAPH 5.1", mathematical processing was performed, the standard deviation and representativeness errors were determined.

### **The results of the study.**

Outside, the spleen of newborn white rats is covered with a capsule, which consists of thin connective tissue. Trabeculae containing arteries and veins extend from the capsule deep into the organ. In the parenchyma of the spleen, red and white pulps are isolated. On the histological section, the red pulp of the spleen consists of venous sinuses and splenic cords located between them. The white pulp in newborn baby rats is represented by visually indistinctly distinguishable periarterial lymphatic couplings (PALM) and lymphoid nodules (LU). In single primary lymphoid nodules, mantle (MnZ) and marginal zones (MGz) can be determined. At this age, germinative centers (GC) have not yet been detected in LU.

Studies have shown that the diameter of PALM trees ranges from 90.2 microns to 109.2 microns, on average  $100.2 \pm 2.05$  microns. The diameter of the LU is 218.4- 252.2 microns, on average -  $242.76 \pm 3.65$  microns. In a third of the total number of nodules, mantle and marginal zones can be distinguished.

The width of the mantle zone is 28.4 microns to 38.3 microns, on average  $35.28 \pm 1.07$  microns. The width of the marginal zone ranges from 56.3 microns to 69.7 microns, on average  $64.32 \pm 1.45$  microns. The width of the periarterial zone is 38.6 microns to 48.4 microns, on average  $44.16 \pm 1.06$  microns.

In three-month-old white rats, the spleen has already been formed. When examining the spleen of 3-month-old intact rats, the following data were obtained:

In the white pulp, periarterial lymphatic couplings (PALM) and lymphoid nodules (LU) can be clearly distinguished. PALM diameter ranges from 122.6 microns to 139.6 microns, with an average of  $132.14 \pm 1.56$  microns. The diameter of lymph nodes increases by 92% compared to newborn baby rats and ranges from 341.8 microns to 486.05 microns, on average  $466.05 \pm 13.27$  microns. LU can be visually divided into primary and secondary, which percentage ratio is 32% and 68%, respectively. In secondary LU, the formed germinative centers are determined. The diameter of the germinal centers ranges from 94.6 microns to 167.8 microns, on average  $147.8 \pm 6.73$  microns. The lus are large, often merge. The LU of the white pulp of the spleen mainly has a rounded, oval and elongated shape.

In most cases, the LU zones are clearly distinguishable. The width of the mantle zone ranges from 39.7 microns to 49.45 microns, with an average of  $45.32 \pm 0.89$  microns. The width of the marginal zone ranges from 70.3 microns to 84.7 microns, with an average of  $77.14 \pm 1.32$  microns. The width of the periarterial zone ranges from 81.9 microns to 89.4 microns, with an average of  $85.04 \pm 0.69$  microns.

The diameter of the palms of 6-month-old animals ranges from 128.2 microns to 141.6 microns, on average  $136.22 \pm 1.55$  microns. The diameter of the lymph nodes ranges from 380.8 microns to 477.05 microns, with an average of  $420.96 \pm 10.44$  microns. The percentage ratio of primary and secondary LU is 34% and 66%, respectively. The diameter of germinative centers ranges from 122.4 microns to 147.7 microns, on average  $135.08 \pm 2.73$  microns. The LU of the white pulp has a rounded, oval and elongated shape.

In micropreparations, it is visually possible to distinguish all the zones of LU. The width of the mantle zone ranges from 40.5 microns to 50.4 microns, with an average of  $46.56 \pm 1.06$  microns. The width of the marginal zone ranges from 74.5 microns to 86.2 microns, on average  $80.72 \pm 1.26$  microns. The width of the periarterial zone ranges from 84.9 microns to 94.7 microns, with an average of  $89.42 \pm 1.06$  microns.

The palm diameter of 9-month-old laboratory animals ranges from 132.2 microns to 142.3 microns, on average  $137.72 \pm 0.93$  microns. The diameter of the lymph nodes ranges from 378.7 microns to 447.3 microns, with an average of  $414.84 \pm 6.31$  microns. The percentage ratio of primary and secondary LU is 35% and 65%, respectively. The diameter of the germinal centers ranges from 115.4 microns to 142.8 microns, on average  $127.62 \pm 2.52$  microns. The LU of the white pulp has a rounded, oval and elongated shape.

In most cases, the LU zones are clearly distinguishable. The width of the mantle zone ranges from 38.4 microns to 49.9 microns, with an average of  $44.76 \pm 1.06$  microns. The width of the marginal zone ranges from 70.1 microns to 82.4 microns, with an average of  $76.34 \pm 1.13$  microns. The width of the periarterial zone ranges from 78.7 microns to 92.8 microns, with an average of  $84.97 \pm 1.29$  microns.

The palm diameter of 12-month-old white rats ranges from 131.4 microns to 142.8 microns, with an average of  $136.56 \pm 1.23$  microns. The diameter of the lymph nodes ranges from 370.7 microns to 437.3 microns on average  $407.98 \pm 7.19$  microns. The percentage ratio of primary and secondary LU is 49% and 51%, respectively. HZ is weakly expressed. The diameter of the germinal centers ranges from 110.2 microns to 132.7 microns, on average  $120.02 \pm 2.43$  microns. The LU of the white pulp has an oval and elongated shape.

In micropreparations, it is visually possible to distinguish all the zones of LU. The width of the mantle zone ranges from 36.4 microns to 47.7 microns, with an average of  $41.32 \pm 1.22$  microns. The width of the marginal zone ranges from 68.4 microns to 76.7 microns, on average  $72.52 \pm 0.89$  microns. The width of the periarterial zone is from 74.8 microns to 84.7 microns, with an average of  $79.98 \pm 1.06$  microns.

The study found that the diameter of the palms of newborn baby rats is  $100.2 \pm 2.05$  microns, a high increase in this indicator is observed at 9 months of age ( $137.72 \pm 0.93$  microns), and at 12 months of age decreases and is  $136.56 \pm 1.23$  microns.

The diameter of lymph nodes up to 3 months of age increases by 1.92 times ( $466.05 \pm 13.27$  microns). After 3 months of age, this indicator gradually decreases, where at 12 months of age it is equal to  $407.98 \pm 7.19$  microns. Germinative centers of lymph nodes in newborn white rats with histological sections have not been detected, the greatest increase in this indicator is observed at 3 months of age ( $147.8 \pm 6.73$  microns), and the largest at 12 months ( $120.02 \pm 2.43$  microns).

The greatest increase in the width of the mantle, marginal and periarterial zones is observed at the age of 6 months and is  $46.56 \pm 1.06$  microns,  $80.72 \pm 1.26$  microns and  $89.42 \pm 1.06$  microns, respectively. After 6 months of age, these indicators also gradually decrease, where at 12 months of age they are equal to  $41.32 \pm 1.22$  microns,  $72.52 \pm 0.89$  microns and  $79.98 \pm 1.06$  microns, respectively.

**Conclusions.** In postnatal ontogenesis, structural and functional transformations are observed in the spleen of white rats, which is reflected in the formation of white pulp. In newborn white rats, the spleen is functionally immature, with hard-to-distinguish zones and single lymphoid nodules formed. At three and six months of age, the spleen has the maximum potential for immunogenesis. At twelve months of age, the processes of age-related involution of the organ begin, which are manifested by an increase in the relative area of connective tissue elements, a decrease in the relative area of BP, the diameter of PALM, LU, HZ, as well as the width of the mantle, marginal, periarterial zone of the lymph nodes of the spleen.

#### LITERATURES:

1. Газизова, А.И. Макро и микростроение селезёнки млекопитающих/ А.И. Газизова, Л.М. Мурзабекова // Материалы Международной научно- практической конференции, посвященной 50-летию основания АО «КазАТУ им. С.Сейфуллина». – Астана, 2007. – С. 180–181;
2. Зайцев, В.Б. Иммуноморфология селезенки человека // Морфология.- 2013.- Т. 143. № 3.- С. 27–31,
3. Макалиш, Т.П. Морфофункциональные особенности селезенки при воздействии на организм факторов различного генеза // Таврический медико-биологический вестник.- 2013.- Т. 16. № 1ч.1 (61).- С. 265–269 ,
4. Молдавская А.А. Морфологические критерии строения селезёнки в постнатальном онтогенезе / А.А. Молдавская, А.В. Долин // Успехи современного естествознания. – 2009. – № 2 – С. 15–18].
5. Рябикина А. И. [и др.] Онтогенетические аспекты стромально-паренхиматозных взаимоотношений в селезенке // Морфология. – 2008. – Т. 132, № 2. –С. 58
6. Сапин М. Р. Иммунная система, стресс и иммунодефицит/М. Р. Сапин, Д. Б. Никитюк. – М.: АПП «Джангар». – 2000. – С. 176–184.
7. Тешаев Ш.Ж., Турдиев М.Р., Сохибова З.Р. Морфометрические параметры гистологических структур селезёнки белых крыс в постнатальном онтогенезе // Проблемы биологии и медицины 2019, №4.2 (115). С. 187-189
8. Тешаев Ш.Ж., Тухсанова Н.Э. Количественное соотношение лимфоцитов в лимфоидных узелках тонкой кишки крыс в норме и при воздействии которана // Проблемы биологии и медицины. 2019, 111 (3), С.198-201
9. Хасанова Д.А., Тешаев Ш.Ж. Макроанатомия лимфоидных структур брыжеечной части тонкой кишки крыс в норме и на фоне хронической лучевой болезни// Морфология. Санкт-Петербург. 2019, Том 156, №4. С.51-55].
10. Чулкова. С.В., Селезенка – периферический орган иммунной системы. Влияние спленэктомии на иммунный статус // Вестник РОНЦ им. Н.Н. Блохина РАМН.- 2014.- Т.25. №1-2.- С. 21–24.].
11. Шапкин Ю. Г. Селезенка и иммунный статус организма/Ю. Г. Шапкин, В. В.Масляков//Вестник хирургии. – 2009. – Т. 168, № 2. – С. 110–113.
12. Balogh P., Horvath G., Szakal A. K. // J. Histochem. Cytochem. – 2004. – Vol. 52, № 10. – P. 1287–1298.
13. Mebius R. E. Structure and function of the spleen/R. E. Mebius, G. Kraal//Nat. Rev. Immunol. – 2005. –№ 5. – P. 606–616.
14. Teshaeв Sh.J., Khasanova D.A / Topografic-anatomical features of lymphoid structures of the small intestine of rats in norm and against the background of chronic radiation diseases //

European science review Vienna, Austria №9-10 2018, Volume 2. Medical science P.197-198

15. Turdiev M.R., Teshayev S.J. Comparative characteristics of the spleen of white rats in normal and chronic radiation sickness // Chief Editor. T. 7. P. 11.
16. Turdiyev, M. R., Teshayev Sh. J. Morphometric Assessment of Functional Immunomorphology of White Rat Spleen in the Age Aspect *American Journal of Medicine and Medical Sciences* 2019, 9(12): 523-526
17. Turdiyev, M. R., & Sokhibova, Z. R. (2021). Morphometric Characteristics Of The Spleen Of White Rats In Normal And In Chronic Radiation Disease. *The American Journal of Medical Sciences and Pharmaceutical Research*, 3(02), 146-154.
18. Sokhibova, Z. R., & Turdiyev, M. R. (2021). Some Features Of Laboratory Indicators Of Micro And Macro-Elementary Condition Of The Organism Of Female Age Women Innormality And In Iron Deficiency. *The American Journal of Medical Sciences and Pharmaceutical Research*, 3(02), 140-145.
19. MR Turdiyev. Morphometric Indicators of Morphological Structures of the White Rats Spleen in Postnatal Ontogenesis // *Web of Synergy: International Interdisciplinary Research Journal* 2 (4), 2023. P. 576-580
20. М.Р. Турдиев, Г.Ф. Махмудова. Морфофункциональные изменения, происходящие в селезенке в результате действия внешних и внутренних факторов // *Тиббиётда янги кун» №11(49)*, 2022, 466-474.
21. M.R. Turdiyev. Morphofunctional changes in the thymus under the influence of factors of different genesis // *Тиббиётда янги кун*. 3 (53) 2023. P. 44-49